



The Proper Perspective

“When iridology is practiced with a holistic perspective, it reveals genetic predispositions that can be seen in the iris structure from birth. Changes that take place in the iris, sclera, pupil, cornea and conjunctiva throughout a person’s life also provide valuable information. Thus, physical, emotional, mental and spiritual aspects of a person’s tendencies can be evaluated. This information greatly increases the individual’s opportunity to get to the root causes of dis-ease and subsequent disease. Therefore, congenital predispositions can be treated with a preventive approach decades before the onset of a dis-ease or disease, thus taking advantage of what is termed today as epigenetics. The practice of iris analysis or iridology may also be referred to as systemic assessment through external ophthalmic examination.

It is very important to point out that the current, allopathic, conventional, Western medical establishment does not fully understand how iris analysis (iridology) is properly used. The people that represent this allopathic paradigm do not understand what iridology can and cannot do. Iridology is not used for diagnosing. Mistakenly, they subject this 3,000 year old practice to the biased scrutiny of a paradigm that is focused on diagnosing disease conditions and attempts to suppress symptoms through the use of toxic pharmaceutical drugs, invasive surgeries and nuclear radiation. However, there are open-minded and progressive, allopathically educated physicians around the world who understand and utilize iris analysis in their daily practice with an integrative philosophy.

Holistic Iridology® belongs to and resides in the paradigm of naturopathic, integrative and preventive healthcare. Contrary to diagnosing, when practiced properly, it is a non-invasive, effective tool for getting at the root causes of ill health through the assessment of hereditary predispositions and acquired conditions as well as a person’s overall levels of health from a holistic perspective.”

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June 2016